Journey to a serene oasis where unspoiled beauty and nurturing therapies inspire a renewed sense of harmony between body, mind and soul. A treasured sanctuary where you can rediscover yourself. Our team of specialists is at your disposal to guide you in formulating a personalized spa experience.

**EXPERIENCE**

**PAMPERING WITH A PURPOSE**

Tranquility Ritual
80 Minutes
Feel your tension melt away as a warmed oil scalp treatment sets the stage for a basalt stone massage with lavender, chamomile, and sandalwood oils. This blissful aromatic blend and soothing massage lessens feelings of anxiety and promotes a state of deep relaxation.

Hot Stone Relaxation Ritual
80 Minutes
The special placement of hot basalt stones combined with light to medium strokes and kneading will aid in the healing of damaged muscles while calming mind and body. A healing blend of frankincense, ylang-ylang and sandalwood oils and a focused warm stone foot massage restores balance and peace - from head to toe.

AromaTouch Ritual
80 Minutes
A lovely sensory experience featuring 8 essential oil blends designed to inspire serenity and restore equilibrium to the body. This alternative technique improves well-being by reducing physical and emotional stressors during a relaxing, light to medium pressure massage.

Fire & Ice Massage Ritual
80 Minutes
Experience the healing powers of hot and cold therapy during a firm to deep-tissue massage. A powerful pain-relieving gel and organic white fir essential oil will assist in alleviating tight muscles while restoring range of motion. A must experience ritual for Deep-Tissue enthusiasts.

Himalayan Salt Ritual
80 Minutes
A firm to deep-tissue massage using natural crystal Himalayan salt stones will exfoliate skin, improve circulation, and eliminate muscular adhesions. Neutralize the 7 effects of the toxic frequencies we live in every day and reduce stress with the extraordinary cleansing properties of pure Himalayan salt.

Signature Ultimate Massage Ritual
110 Minutes
This luxurious experience begins with a purifying back treatment to stimulate circulation. A personalized massage with your choice of aromatherapy, hot stones, and therapeutic heat will provide deep, comforting relief of aches and pains while inducing a deep state of relaxation. The ritual is closed with a warmed oil scalp massage and ten minutes of reflexology to boost the immune system & enhance overall well-being.

Couple’s Escape Ritual
150 Minutes
Renew your connection with this peaceful escape. Enjoy a detoxifying steam shower and side-by-side 110-minute Signature Ultimate Massage Ritual. A waterfall descent shower and soothing soak in the jetted hydrotherapy tub will have you two drifting away to another world. Served with complimentary champagne and strawberries.

**RELAX**

**RELIEVE**

**RENEW**

Organic Treatment
Signature Treatment
**REFRESH**

**Detoxifying Dead Sea Mud Wrap**
75 Minutes
Incorporate and purify skin with a full-body exfoliation, mineral-enriched Dead Sea mud masque and lemongrass body butter. Extra attention is dedicated to your feet or scalp during your body cocoon.

**Green Tea & Lemongrass Body Polish**
50 Minutes
Smooth and revitalize dry skin with a green tea and lemongrass blend. Treatment includes an energizing full body exfoliation and hydrating massage.

*Refreshing treatments feature White Orchid Spa Body Products*

**REPAIR**

**Seaweed Cellulite Therapy**
75 Minutes
An organic rockweed polish, stimulating massage, and firming seaweed gel minimize the appearance of cellulite. Marine silk oil leaves skin silky smooth.

**Soothing Seaweed & Silk Body Wrap**
75 Minutes
An ultra-gentle, organic seaweed blend repairs sun-damaged or dehydrated skin. Marine extracts and silk proteins feed skin naturally to promote healing and recovery. Includes exfoliation, seaweed body wrap and soothing massage with seaweed silk oil.

*Repairing treatments feature Seaflora Organic Skincare*

**REJUVENATE**

**Signature Ageless Body Wrap**
75 Minutes
Revitalizes radiant, youthful skin. Guava extracts and Vitamin-C even skin tone and texture while antioxidants and exotic nut oils rehydrate – leaving skin soft & luminous. Includes guava-infused exfoliation, body mask and massage.

**Collagen Boost Body Glow**
50 Minutes
Even skin tone and enhance skin elasticity with a healthy dose of Vitamin-C to promote collagen production. Includes full body exfoliation and hydrating massage.

**FLEX APPEAL (Reflexology)**
25/50 Minutes
Relieve discomfort by stimulating predefined pressure points on the feet. Reflexology may also help promote good health by assisting in stress relief and recovery from both injury and illness.

*Recommended to enjoy with Serenity essential oil blend.*

**COUPLE’S MASSAGE**
50/80/110 Minutes
Enjoy a Signature White Orchid Custom Massage together after a purifying steam shower. Treatment includes your choice of pressure, warm stones, aromatherapy, and therapeutic heat, as well as a complimentary glass of champagne.

**SIMPLY SWEDISH MASSAGE**
50/80 Minutes
This popular Swedish-relaxing treatment uses light to medium pressure and various techniques of gliding, effleurage, and kneading to promote circulation and an overall sense of well-being.

**DEEP TISSUE MASSAGE**
50/80 Minutes
Stimulating deep-pressure massage is ideal for chronic pain, both arm knots or limited range of motion.

**NATURALLY NURTURED PRE-NATAL MASSAGE**
50/80 Minutes
Relaxing benefits for both mom-to-be and baby. Relax muscle aches, join pain and reduce swelling.

*Guests in their first trimester are unable to receive a massage.*

**LYMPHATIC DRAINAGE**
50/80 Minutes
A very gentle massage best suited for de-toxification, edema, pre- and post-plastic surgery and post-liposuction. It may also help with cellulite treatments, scar tissue, spider veins, redness, and pain.

**SIGNATURE WHITE ORCHID CUSTOM MASSAGE**
50/80/110 Minutes
A truly customized treatment, this therapeutic massage combines any of your preferred massage modalities. Begin with an aromatherapy breathing exercise and a soothing warm body compress to loosen tight muscles. Create your perfect treatment with your choice of pressure, advanced techniques, hot stones, aromatherapy and targeted body oils.

*Customizing treatments feature White Orchid Spa Body Products.*

**SIGNATURE WHITE ORCHID CUSTOM MASSAGE**
50/80/110 Minutes
Stimulate deep-pressure and skillful hand movements target stressed muscles, unlock tension and relieve pain. Ideal for chronic pain, both arm knots or limited range of motion.

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HydrafacialMD with LED Therapy
50 Minutes
The Hydrafacial treatment utilizes super-serums filled with antioxidants, peptides and hyaluronic acid to boost hydration and help address the signs of aging, sun damage, acne, and environmental stressors. This hydra-dermabrasion procedure includes cleansing, exfoliation, extractions, hydration and protection.

Designer Dermaplaning Facial
50 Minutes
Dermaplaning removes the outer layers of dead, dull skin, allowing for better product penetration. This customized treatment helps achieve more even-toned and textured skin, leaving your skin vibrant and soft.

Advanced Facial Renewal
50 Minutes
A custom blended enzyme or chemical resurfacing treatment removes dull, dead skin cells to reveal healthier, glowing skin.

LED Light Therapy Facial
25 Minutes
This on the go facial treats lines, hyperpigmentation and large pores. Includes cleansing, LED therapy, serum, and SPF.

Lympathic Drainage (45-60 Minutes)
Improve circulation, remove toxins, and reduce sinus congestion.

Décolleté Treatment
Extend the HydrafacialMD benefits to the chest for a youthful décolleté area.

Dermabuilder
Proven peptide complex enhances elasticity and reduces fine lines.

Britenol Spot Reducer
Achieve a more even complexion by targeting hyperpigmentation and sun damage.

15 or 30% GlySal Peel
Glycolic & salicylic acids promote healthy skin by accelerating cellular turnover.

Radiance Renewal Ritual
80 Minutes
The ultimate corrective treatment for uneven, hyper-pigmented & photo-damaged complexions. The perfect balance of botanicals, lighteners, brightening enzymes, Vitamin-C & retinol leaves skin luminous & more even-toned.

O2 Lift Facial
50 Minutes
A multi-purpose treatment to exfoliate, illuminate & oxygenate. Papaya & pineapple fruit enzymes exfoliate while an effervescent masque oxygenates skin at the cellular level.

Arctic Berry Peptide Treatment
50 Minutes
An organic peel & peptide system that awakens your natural inner beauty. An exquisite blend of arctic berries, lingonberry and hibiscus seed extract will leave any complexion with renewed clarity.
**MANICURES**

- **Two-Week Manicure**
  - 40 Minutes
  - An innovation in chip-free extended wear and high shine manicures. Includes all nail & cuticle work, massage, and LED-cured gel polish application for long lasting wear.

- **Classic Manicure**
  - 25 Minutes
  - The essential hand maintenance. Includes all nail and cuticle work, a soothing massage with heat along with the finishing gel polish work.

- **Polish Change**
  - 15 Minutes
  - Need a quick fix? No fluff here. Nails are cleaned, re-shaped and repainted or buffed.
  - *Does not include cuticle work, nail repair or massage.

**For Men**

Enjoy a more masculine treatment by substituting Mana’ia products designed for men during any manicure or pedicure.

**SIGNATURE**

- **French Polish**
- **Warm Stone Massage**
- **Nail Art**

- **Signature Spa Manicure**
  - 50 Minutes
  - A results oriented treatment manicure will gently remove dry skin, replenish moisture and restore elasticity. Exotic nut oils and guava extract diminish the premature signs of aging. Used together with collagen gloves, this manicure will reveal healthy, ageless looking hands. Nail shaping, cuticle work, and expert polish application included.

**PEDICURES**

- **Classic Pedicure**
  - 65 Minutes
  - Repair and revitalize tired feet. Spa treatment includes the Classic Guava Pedicure, nourishing mask and extended massage to leave your feet refreshed and ready for those open-toed shoes.

- **Signature Ultimate Pedicure**
  - 80 Minutes
  - A sensational twist on the Signature Guava Ultimate Pedicure treatment. Clarisonic technology to buff and smooth away calluses and dry, cracked heels. An invigorating exfoliation and antioxidant-rich mask offers deep hydration while diminishing the signs of sun damage. A soothing warm stone massage, expertly executed nail, cuticle and callus work and the finishing polish application provide a perfect finish.

- **Gel Polish Removal**
  - 15 Minutes
  - Safely & gently remove old gel polish.
  - *Must be reserved to guarantee full pedicure treatment where applicable. Please advise Spa Coordinator during reservation.

- **Signature Ultimate Pedicure**
  - 80 Minutes
  - This luxurious experience features Clarisonic technology to buff and smooth away calluses and dry, cracked heels. An invigorating exfoliation and antioxidant-rich mask offers deep hydration while diminishing the signs of sun damage. A soothing warm stone massage, expertly executed nail, cuticle and callus work and the finishing polish application provide a perfect finish.

**Two-Week Manicure**

Add to the Classic or Two Week Manicure.

These patent pending gloves deliver Vitamin E, collagen and internal hydration to hands, while reducing sun damage and fine lines.

**Gel Polish Removal**

- 15 Minutes
- Safely & gently remove old gel polish.
- *Must be reserved to guarantee full manicure treatment where applicable. Please advise Spa Coordinator during reservation.

- **French Polish**
- **Warm Stone Massage**
- **Nail Art**

**Polish Change**

- 15 Minutes
- Need a quick fix? No fluff here. Nails are cleaned, re-shaped and repainted or buffed.
- *Does not include cuticle work, nail repair or massage.

- **Fire & Ice Ultimate Pedicure**
  - 80 Minutes
  - Experience pure bliss with the brisk cooling sensation and intense moisturizing benefits of peppermint crème - balanced perfectly with the comfort of a warm stone massage. A sensational twist on the Signature Guava Ultimate Pedicure treatment.

**ENHANCE**

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- **Warm Stone Massage**
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- **Polish Change**
  - 20 Minutes
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**For Men**

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ENHANCE & EXTEND

FACIALS

Customize your facial - no additional time needed.

Décolleté Indulgence
Pamper your most delicate area with a 3-step therapy – exfoliate, mask & hydrate for a beautiful glow.

Collagen Face Mask, Neck Lift or Lip Treatment
A pure collagen mask is applied to plump, firm or lift the treated area(s).

Bright Eyes Therapy
A 6-step process to reduce puffiness, treat dark circles and lessen fine lines.

Collagen Hand Treatment
Reduce sun damage and fine lines while increasing moisture and elasticity - turn back the “hands” of time.

EXTEND

Add ten additional minutes to your experience.

Warm Stone & Peppermint Feet Treat
An ultra-relaxing foot treatment includes a warm stone massage with peppermint foot cream.

Detoxifying Back Therapy
Purify this often neglected area with exfoliation and Dead Sea Mud.

Warm Oil Scalp Massage
Warmed argan and coconut oils are massaged into hair and scalp to relieve tension while boosting moisture and shine.

Reflexology
A therapeutic method of relieving pain by stimulating predefined pressure points on the feet.

BODY & MASSAGE THERAPIES

Customize your treatment - no additional time needed.

Deep Tissue Therapy | Pain Relieving Rub
Warm Stone Massage | Aromatherapy Blend

EXTEND

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FOR GENTLEMEN

Men’s Massage
50/80 Minutes
Alleviate tension with this dual-purpose treatment that will leave you feeling both relaxed and invigorated. A custom massage with therapeutic heat, Fijian nut oils, warm stones & revitalizing scalp massage will have you ready to take on the world.

Men’s ‘n Body Polish
50 Minutes
Clarify and smooth skin with a full-body exfoliation and moisturizing massage. Awaken the senses and enjoy the aromatic experience of specially blended Fijian nut oils and aromatherapy.

Men’s Facial
50 Minutes
Energize and purify skin with organic seaweed extracts and glacial clay. Includes a double cleanse, exfoliation and extractions. Breathe deep and relax during your mask treatment, facial and scalp massage.

Manicure & Pedicure
25/45 Minutes
Our classic manicure and pedicure services slightly altered to devote attention to dry, rough skin and tired, tight muscles. Enjoy an aromatic experience with specially blended Fijian nut oils and aromatherapy.

Signature Ultimate Massage Ritual
Deep Tissue Massage
Fire & Ice Ritual
Tranquility Ritual

Detoxifying Dead Sea Mud Wrap
HydrafacialMD with LED Therapy
Advanced Renewal Facial
Signature Ultimate Pedicure

ALSO RECOMMENDED FOR HIM

Detoxifying Dead Sea Mud Wrap
HydrafacialMD with LED Therapy
Advanced Renewal Facial
Signature Ultimate Pedicure

Signature Ultimate Massage Ritual
Deep Tissue Massage
Fire & Ice Ritual
Tranquility Ritual
ESCAPE

Simplify your spa experience with pre-selected journeys designed to target your specific needs and concerns.

Sweet Serenity
Tranquility Ritual
Arctic Berry Peptide Treatment
Spa Pedicure

For Gentleman Only
Men’s Massage
Men’s Facial
Men’s Manicure & Pedicure

Balanced & Beautiful
Aromatouch Ritual
Hydrafacial MD with Lymphatic Drainage
Spa Pedicure

Pain Relief
Fire & Ice Massage Ritual
Face Appeal (Reflexology)

Time Together
Couple’s Escape Ritual
His & Hers Spa Pedicures

Pure Healing
Soothing Seaweed & Silk Body Wrap
Purifying Seaweed Facial

Baby Belly Bliss
Naturally Nurture Pre Natal Massage
Organic Classic Customized Facial

Fountain of Youth
Signature Ultra Lift Facial
Seaweed Cellulite Therapy
Two Week Manicure with Collagen Treatment
Haircut & Blowdry with Keratin Treatment

Classic Spa Escape
Signature White Orchid Custom Massage
Organic Classic Customized Facial
Spa Pedicure

Love of Luxury
24 Carat & Caviar Facial Ritual
Signature Ultimate Massage Ritual
Signature Ultimate Pedicure

S p a L u n c h
Ask to reserve a 30-60 minute lunch break and order one of many delightful options from the property’s award winning restaurant.

G r o u p E s c a p e s
Groups of 4+ must reserve with our Group Coordinator for the best experience. An exclusive Spa Concierge will be assigned to your group for customization, scheduling perfection and personalized attention during your spa visit. Complimentary mimosas and small treats complete the package. 72 Hours Notice Required for Partial or Full Group Cancellations.
DERMAPLANING

Dermaplaning is a simple and safe procedure for exfoliating the epidermis and ridding the skin of fine vellus hair (peach fuzz).

Full Face | Two Areas | One Area

Add a full face dermaplaning session prior to any facial to enhance product penetration and results!

BROW & LASH

Brow Tweezing & Shape
Brow Tinting
Lash Tinting
False Lash Application

COSMETICS

Special Event Makeup, Bridal Makeup, Airbrush Makeup

SALON & HAIR CARE

The Salon offers an array of services and skilled stylists to provide you the perfect look for every day or any occasion.

SPECIALTIES

Kenra® Keratin Treatment
This treatment creates long-lasting transformation into perfectly smooth, soft and silky hair for up to 3–5 months.

Creative Color
Gorgeous, customized color using free hand techniques like hand painting, ombré and balayage.

Kerasilk Hair Therapies
Transform your hair up to 10 washes with a customized hair therapy with your style. Four different options are custom blended to meet your exact hair needs.

BRIDAL TREATMENTS

The perfect look, every time. Please contact our bridal coordinator for treatment options and packages.

WAXING

From brows to Brazilians, we’ve got you covered.

ABOUT OUR MED-SPA

Experience gentle, five-star rated patient care at White Orchid Med Spa.

With a combination of highly trained Advanced Registered Nurse Practitioners, the latest technologies, and the best available products on the market, our team can provide patients with a spa experience unlike any other.

MED-SPA THERAPIES

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BRIDAL TREATMENTS

The perfect look, every time. Please contact our bridal coordinator for treatment options and packages.
Coolsculpting (Fat Reduction)
This FDA-approved, revolutionary approach to body contouring consistently yields a significant reduction of fat in the treated areas. Ideal for the tummy, thighs and love handles. Results are typically seen between 4 and 8 weeks after treatment.

JuvaShape (Cellulite)
A noninvasive radio frequency treatment to improve the appearance of cellulite and loose skin with no discomfort and no downtime. A soothing warm heat is felt during treatment as the radio frequency targets deep dermal layers to stimulate tissue regeneration.

RF Pixel (Stretch Marks)
A series of these minimally invasive procedures will help reduce the appearance of stretch marks and scars on the body. By utilizing radio frequency to target deep dermal layers of the skin, this technology will assist your skin in producing more collagen and repairing any visible surface damage.

Laser Hair Removal (Virtually Painless!)
That’s right – virtually painless laser hair removal. This revolutionary new platform reduces 80+ percent of the hair treated, any time of year, on any color skin! Remove unwanted hair from just about any area of the body or the face.

All Med Spa therapies do require a consultation before treatment, as all patients are unique. This session allows our providers to customize treatments and offer the most effective plan of care for your concerns.

FACE
Botox®
A popular nonsurgical injection that temporarily reduces or eliminates frown lines, forehead creases, and crow’s feet around the eyes. Skin is left with a smoother, more refreshed appearance. Results can last up to 4 to 6 months.

Dermal Fillers
Dermal fillers provide a smooth, natural-looking correction of moderate to severe facial wrinkles and folds and can also be used to reduce scar depressions or even replace volume loss in the cheeks or hands. Our gentle technique ensures natural-looking results.

Lip Enhancement
Achieve fuller, more defined, or smoother-looking lips with dermal fillers. Results can be as subtle or dramatic as you desire.

JuvaShape Skin Tightening
A non-invasive radio frequency treatment that helps to contour the jawline and minimize skin laxity in the neck and jaw area with no discomfort and no downtime. Can be used around the eyes and cheeks for a more lifted, youthful profile.

Kybella®
This FDA approved treatment reduces submental fullness, also known as the double chin. Target & eliminate fat cells for a permanent solution to a tighter, smoother profile. This minimally invasive procedure is virtually painless and will have you looking more confident in no time.

RF Peel Skin Resurfacing
This minimally invasive treatment utilizes radio frequency to target the deep dermal layers of the skin resulting in a significant improvement in the appearance of wrinkles, skin laxity, pore size, acne scars, textural irregularities and skin tone.
ENVIRONMENT & ETIQUETTE

AT THE TIME OF RESERVATION
Spa coordinators are happy to assist you with your spa reservation. Please inform the coordinator of the following:
• Allergies, medical conditions or pregnancy.
• If you have a gender preference for your spa therapist, or if you would like to request a specific spa therapist for your treatment.
• If you are celebrating a special occasion.
A credit card is required to confirm your spa reservation.

ARRIVAL TIME
Please arrive a minimum of 15 minutes prior to the start of your spa reservation time. Late arrival will limit the time of your treatment. The duration of our spa treatments may not be extended so that others may begin on time. The full value of the treatment will still be charged.

CANCELLATION POLICY
A credit card number is required to make your Spa reservation. Within 4 hours, 50% of the scheduled services will be charged to your credit card. No-shows will result in a 100% charge to the scheduled services. Cancellations of packages, private events or groups require 24 hours notice.

CHILDREN
We ask as a courtesy to other guests that children under the age of 12 remain in the comfort of your home or guest room. Guests between the ages of 12-17 may receive certain salon or spa treatments with the supervision or consent of a parent.

ENVIRONMENT
We respect our tranquil environment and the privacy of other guests by asking all electronic devices, including cell phones, to be left at home, in your locker, or in your hotel suite. Electronics and cell phones are not permitted in the treatment or common areas. The spa facility is a smoke-free environment. We kindly ask that visitors keep noise & voice levels low in all areas of the spa.

GIFT CARDS
We offer a variety of gift cards that can be purchased in any denomination. Kimpton© Hotel gift cards are not redeemable at the White Orchid Spa. The Spa is not responsible for lost or stolen gift cards. Gift cards are not refundable.

GRATUITIES
Gratuities are at your discretion and should reflect your satisfaction with our services. Typical gratuities range from 15-20% of the original service value. Exceptional service may be rewarded with additional gratuities. Gratuities may be placed on your card or hidden charge. Cash gratuities may be left in an envelope at the reception desk.

PAYMENT
We accept all major credit cards, traveler’s cheques, cash, or Spa treatments may be charged to your hotel bill. Please present your gift card or gift certificate at the time services are rendered. Discounts do not apply to Spa packages, promotions, special events or holidays. Please are subject to change without notice.

RETURN POLICY
Returns must be made within 7 days of the original purchase with a receipt to receive credit or make an exchange. Returns without proof of purchase receive spa credit only. There are no refunds or exchanges on cosmetics.

WHAT TO BRING
We provide locker room and shower facilities that may be used when receiving spa services. We provide robes, sandals, towels, lockers, far and body care products. Most body treatments are enjoyed without clothing. Please do not bring jewelry or valuables to the spa. The White Orchid Spa cannot assume responsibility for lost or stolen items.
RELAX. REVIVE. REPEAT. ♀

www.WhiteOrchidSpa.info
3500 Ocean Drive, Vero Beach, FL 32963
772.231.1133 x6200 From Hotel Guest Room